

**भौतिकी संस्थान/INSTITUTE OF PHYSICS,  
भुवनेश्वर/BHUBANESWAR.  
अंतर्राष्ट्रीय योग दिवस-2026 पर एक रिपोर्ट  
Report on International Day of Yoga-2026**

**Celebration of International Yoga Day-2026 and Popular Lecture.**

A meeting was arranged on 21.06.2026 on the occasion of International Day of Yoga. Faculty Members, Scholars and Staff Members were participated in the meeting. Mr. Krushna Chandra Dash, Yoga Instructor, Awakened Life Academy, Bhubaneswar delivered a lecture on “ *Yoga for one Earth, One Health* ”.

About 40 Staff Members & Scholars performed different Asanas demonstrated by Mr. Dash during the occasion .



(Performing the yoga asanas during the practice)



(Staff Members & Scholars performing the yoga asanas during the practice)



(Staff Members & Scholars performing the yoga asanas during the practice)



(Group photo )

The programme concluded by chanting of the *shloka* from *Brihadaranyaka Upanishada*: सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः May all become happy, may all be free from illness.